

Curriculum Vitae/ Mohammed Qutishat

MOHAMMED GHALIB QUTISHAT, M.SN, RN	
SQU Email	mohqut@squ.edu.om
Mobile Phone	00968-90198164
Nationality	Jordanian
Department	Community and mental health
Areas of Expertise	Social media and mental health Mental health stigma Quality Assurance
ORCD	0000-0001-9501-6109
Scopus account	https://www.scopus.com/authid/detail.uri?authorId=57211337499
Google scholar	https://scholar.google.com/citations?user=xsnJRg0AAAAAJ&hl=en

ACADEMIC DEGREES			
Degree	Completion Date	Institution	Specialty
Bachelor of Nursing Science	2008	The Hashemite University	Nursing
Master of Nursing Science	2011	The Hashemite University	Mental health nursing

License	Country	Status	Registration number	Expire date
Jordan, RN & Midwives Council	Jordan	Active	13444	31-12-2025
Ministry of Health	Jordan	Active	60001/10763	-

CLINICAL EXPERIENCE AND EMPLOYMENT			
Position	Employer/Country	Start/Ending Dates	Role responsibilities (Brief)
Lecturer	Sultan Qaboos university	2015- till date	Lecturer
Continues education	The national center for mental health hospital/ Jordan	2014- 2015	Chair of the continuous education unit
Clinical Nurse Preceptor for Mental Health Nursing Student,	Al- Qadisieh College, Amman/ Jordan	July 2015	Part-time (summer course)
Registered Nurse	The national center for mental health hospital/ Jordan	2011 – 2014	Providing critical care to acutely ill patients in ICUs.
Registered Nurse	Specialty Hospital/Jordan	2008- 20011	Providing critical care to acutely ill patients in ICUs and CCUs.

TEACHING RESPONSIBILITY	
Course Code and Title	Role/Responsibilities
Mental health nursing (clinical)	Clinical Faculty
Community health nursing (clinical)	Clinical Faculty
First aid	Course coordinator / Teaching Faculty
Fundamentals of nursing (clinical)	Clinical Faculty
Introduction for mental health and wellbeing	Course coordinator / Teaching Faculty
Health assessment	Clinical Faculty

Curriculum Vitae/ Mohammed Qutishat

NON-TEACHING RESPONSIBILITY		
Office/Committee	Role/Responsibilities	Institution
Risk management committee	Member	Sultan Qaboos university
Time table committee	Member	Sultan Qaboos university
Continues education committee	Member	Sultan Qaboos university
Grade verification committee	Member	Sultan Qaboos university
Faculty and Staff Welfare Committee	Member/ chair	Sultan Qaboos university
External Affairs and Partnerships Committee	Member	Sultan Qaboos university
Social subcommittee “Second International Nursing Conference,” College of Nursing, Sultan Qaboos University, Muscat, Oman	Chair	Sultan Qaboos university
2016, Ad- Hoc committee to create a video about the College of Nursing, College of Nursing	Chair	Sultan Qaboos university
Website and Technical Committee	Member	Sultan Qaboos university
2015, Membership in the committee of following and facilitating the activity associated with mental health in Jordan helps develop the standards and competencies for mental health nurses	Member	Jordan nursing council/ Amman, Jordan
2015 Membership of Policies and procedure committee, The National Center for Mental Health Hospital	Member	The National Center for Mental Health Hospital / Amman, Jordan
2015, Infection control committee, The National Center for Mental Health Hospital	Member	The National Center for Mental Health Hospital / Amman, Jordan
2015, a committee of Improving User's Safety and Quality, The National Center for Mental Health Hospital.	Member	The National Center for Mental Health Hospital / Amman, Jordan

		Publications
1	Q2	Qutishat, M. , Al-Hadidi, M., Al-Shdefat, A., & Al-Barwani, S. S. (2025). Nursing in Psychiatric Emergency, Challenges and Future Recommendations. A Scoping Review. <i>Issues in Mental Health Nursing</i> , 1–11. https://doi.org/10.1080/01612840.2025.2544151
2	Q1	Al-Huseini, S., Qutishat, M. , Khan, O., & Ahmed, I. (2025). A Systematic Review of Clozapine in the Arab world: Patterns of use, Barriers and facilitators in Clinical Practice. <i>Asian Journal of Psychiatry</i> , 104698. doi: https://doi.org/10.1016/j.ajp.2025.104698
3	Q1	Qutishat M , Al Ali NM, Albalushi M, Al-Huseini S. Addressing the challenges of integrating community mental health services in Arab countries: A scoping review. <i>International Journal of Social Psychiatry</i> . 2025;0(0). doi: 10.1177/00207640251360283
4	Q2	Mohammed Najeeb, Asif Abrar MD ^{*,†} ; Qutishat, Mohammed MSN, RN [‡] ; Ikhlq, Rima MD [§] ; Ahmed, Ikhlq MD, DPM ^{†,¶} ; Al-Huseini, Salim MD ^{†,¶} . Evaluating the Effects of Electroconvulsive Therapy on Cognitive Functions in Patients With Severe Mental Health Conditions: A Prospective Study. <i>The Journal of ECT</i> (2025). doi:10.1097/YCT.0000000000001185, August 25, 2025. DOI: 10.1097/YCT.0000000000001185

Curriculum Vitae/ Mohammed Qutishat

5	Q1	Qutishat, M., Al Sabei, S., AL-Rashdi, F., Healing the Healers: Understanding Second Victim Syndrome and Resilience Among Critical Care Nurses in Oman, <i>Nursing Forum</i> , 2025, 6638582, 11 pages, 2025. https://doi.org/10.1155/nuf/6638582
6	Q1	Valsaraj, B., Savithri, y., Divya, K.Y., Qutishat, M., Students' Satisfaction, Confidence, and Experience With Mental Health Simulation in a Middle Eastern Nursing College: A Mixed-Methods Study, <i>Nursing Forum</i> , 2025, 5196403, 13 pages, 2025. https://doi.org/10.1155/nuf/5196403
7	Q2	Al Sabei, S., Qutishat, M., Second victim syndrome and turnover intention among critical care nurses. <i>Discov Ment Health</i> 5, 110 (2025). https://doi.org/10.1007/s44192-025-00256-9
8	Q1	Qutishat, M. and Shakman, L. (2025), Navigating Challenges in the Integration of Artificial Intelligence in Nursing Practice: An Integrative Literature Review. <i>Int Nurs Rev</i> , 72: e70077. https://doi.org/10.1111/inr.70077
9	Q2	Al-Mashaikhi, A., Qutishat, M., Al-Akhzami, A. et al. Determinants of Patient Satisfaction in Outpatient Mental Health Services: A Cross-Sectional Study at a Tertiary Psychiatric Hospital in Oman. <i>SN Compr. Clin. Med.</i> 7, 197 (2025). https://doi.org/10.1007/s42399-025-01960-x
10	Q1	Qutishat MG. Current challenges in the application of Maslow's Hierarchy of Needs for patients in the intensive care unit in terms of artificial intelligence and telemedicine. <i>Nurs Crit Care</i> . 2025; 30(2):e13272. doi:10.1111/nicc.13272
11	Q1	1.Ahmed, I., Qutishat, M., Ikhlaq, R., Goyal, N., AL-Huseini, S. <i>Prefrontal cortex modulation using transcranial direct current stimulation in opioid craving: A sham-control double-blind study</i> . General Hospital Psychiatry, 2025.
12	Q2	Qutishat, M., et al., <i>Benefits, challenges, and future recommendations in the integration of artificial intelligence in nursing education: A scoping review</i> . Teaching and Learning in Nursing, 2025.
13	Q1	Al-abri, K., Arulappan, J., Divya K.Y., Roach, E. Abubaker, R., Qutishat, M. <i>Effectiveness of in situ simulation for knowledge of mental health emergencies, aggression minimization skills, and perceived self-confidence among undergraduate nursing students in Oman: A quantitative study</i> . Clinical Simulation in Nursing, 2025. 104 : p. 101756.
14	Q2	Qutishat, M. and Al Ali, N.M. (2025), Relationship Between Disaster Preparedness and Burnout Among Nurses in Oman. <i>Nurs Health Sci.</i> , 27: e70110. https://doi.org/10.1111/nhs.70110
15	Q2	M. Qutishat, Navigating challenges in seeking professional psychological help among nursing students: a scoping review, Teaching and Learning in Nursing (2025), https://doi.org/10.1016/j.teln.2025.03.015
16	Q1	Qutishat, M., Al-Huseini, S., & Al-Balushi, M. (2025). Transforming mental health care in the Arab World: A scoping review of Arab TMS studies for psychiatric disorders. <i>General hospital psychiatry</i> , 94, 159-166. doi: https://doi.org/10.1016/j.genhosppsy.2025.03.008
17	Q3	Qutishat, M. Mental health in Gaza: addressing sustainability challenges of ongoing war conflict. <i>Middle East Curr Psychiatry</i> 32, 27 (2025). https://doi.org/10.1186/s43045-025-00520-2
18	Q1	Qutishat, M. (2025) Maternal health challenges in the Gaza conflict and its impact on nursing. <i>International Nursing Review</i> , 72, e70009. https://doi.org/10.1111/inr.70009

Curriculum Vitae/ Mohammed Qutishat

19	Q1	Qutishat M. Relationship between second victim syndrome and fear of missing out among nurses in Oman: Implications for nursing practice. <i>Nurs Crit Care</i> . 2025;30(2):e70011. doi:10.1111/nicc.7001110
20	Q2	Abu Baker, R; Qutishat, M ; Al Dameery, K. Exploring death anxiety among women with preterm births in Oman. <i>Journal of Education and Health Promotion</i> 14(1):61, February 2025. DOI: 10.4103/jehp.jehp_682_24
21	Q1	Al Sabei, S, Qutishat, M , Labrague, L, Al-Rwajfah, O, Burney, I, AbulRub, R, The Relationship Between Staffing, Nurses' Emotional Exhaustion, and Adverse Patient Events in Critical Care Units in Sultanate of Oman, <i>Journal of Nursing Management</i> , 2025, 1977327, 7 pages, 2025. https://doi.org/10.1155/jonm/1977327
22	Q2	Qutishat M. Mental Health Rehabilitation in Gaza: Addressing the Impact of Ongoing War Conflict on Access and Challenges, a Systematic Review. <i>Disaster Medicine and Public Health Preparedness</i> . 2025;19:e33. doi:10.1017/dmp.2025.34
23	Q1	Prabha Valsaraj, B., K. Y., D., Al Gharibi, K. and Qutishat, M. (2025), Faculty-Led Action Research on Simulation-Based Learning: Enhancing Mental Health Nursing Competency in Undergraduate Education at a Public University in Oman. <i>Int J Mental Health Nurs</i> , 34: e70006. https://doi.org/10.1111/inm.70006
24	Q3	Qutishat, M. Challenges in the application of Maslow's hierarchy of needs for children living in Gaza amid ongoing conflict started in October 2023. <i>Middle East Curr Psychiatry</i> 32, 11 (2025). https://doi.org/10.1186/s43045-025-00506-0
25	Q3	AL-Jahwari, L., Qutishat, M. , Almaqbali, M. et al. Effects of antidepressants on body weight in patients treated in a naturalistic setting in Oman. <i>Middle East Curr Psychiatry</i> 32, 3 (2025). https://doi.org/10.1186/s43045-025-00496-z
26		Qutishat M. Shielding our angels: Tackling workplace bullying against nurses working in community environments. <i>NPT</i> . 2024;12(1):74-84.
27	Q2	Qutishat, Mohammed ; Sabei, Sulaiman Al ¹ . Relationship between burnout and fear of missing out among nurses in Oman: Implication for nursing practice. <i>Journal of Education and Health Promotion</i> 13(1):495, December 2024. DOI: 10.4103/jehp.jehp_429_24
28	Q1	Qutishat M. Relationship between death anxiety and resilience among critical care nurses in Oman. <i>Nurs Crit Care</i> . 2024;1-9. doi:10.1111/nicc.13177QUTISHAT 9help
29	Q1	Qutishat, M. , Shakman, L., & Alyaqoubi, S. (2024). Premenstrual Syndrome and the Attitudes Toward Seeking Professional Psychological Help Among College Students in Oman. <i>Women's Health Reports</i> , 5(1), 744-754. doi:10.1089/whr.2024.0055
30	Q2	Qutishat, M. G. (2024) . Psychological distress and attitudes toward seeking professional psychological help among Omani nurses: Strategies for nursing practice. <i>Journal of Education and Health Promotion</i> , 13(1), 325.
31		Qutishat. M (2023) . Cyberchondria, Psychological Distress, and Academic Adjustment Among Undergraduate Students in Oman. <i>J Community Med Public Health Care</i> 10: 141.
32		Al Dameery, K., Valsaraj, B. P., Qutishat, M. , Obeidat, A., Alkhawaldeh, A., Al Sabei, S., ... & Al Qadire, M. (2023). Enhancing Medication Adherence Among Patients With Schizophrenia and Schizoaffective Disorder: Mobile App Intervention Study. <i>SAGE Open Nursing</i> , 9, 23779608231197269.
33		Adherence to Antidepressants Medication Among Patients with Depression in Oman: A Cross-Sectional Study, Khlood Al Dameery ¹ , Mohammad Qutishat¹ , Rasha Abu-Baker ¹ , Omar Al Omari ^{1*} , Fadwa Alhalaqa ² , Mohammed ALBashtawy ³ , Abdullah Alkhawaldeh ³ , Sulaiman Al Sabei ¹ and Loai Abu Shahrour ⁴ , <i>Clinical Schizophrenia & Related Psychoses</i> (2023) Volume 0, Issue

Curriculum Vitae/ Mohammed Qutishat

34		K. ALDIABAT, E. ALSRAYHEEN, B. P. VALSARAJ, R. ABU-BAKER, I. AL-HARTHI, M. QUTISHAT & K. ALDAMERY The Lived Experiences of COVID-19 Quarantined Omani Adults: A Phenomenological Study, American Journal of Qualitative Research 2022, Vol. 6 No. 3, pp. 229-250
35		Qutishat, M. (2022) , Emotional distress, Insomnia, and Night Eating Disorder among University Students in Oman, a Descriptive Correlation Study. JOURNAL OF CRITICAL REVIEWS, 9(05)
36	Q2	Qutishat, M. , Dameery, K, Al Omari, O, Al Qadire, M. Correlation between Fear of Missing out and Night Eating Syndrome among University Students, Iran J Psychiatry 2022; 17: 2: 224-229
37		Qutishat M. The Awareness of Digital Drugs among Omani Nurses. J Addict Psychiatr Ment Health. 2022;1: 1-6
38		Dameery, K. A., Quteshat, M. , Harthy, I. A., & Khalaf, A. (2020). Cyberchondria, Uncertainty, and Psychological Distress among Omanis during COVID-19: An Online Cross-Sectional Survey.
39	Q2	Qutishat, M. , Abu Sharour, L., Al-Damery, K., Al Harthy, I., & Al-Sabei, S. (2021). COVID-19-Related Posttraumatic Stress Disorder among Jordanian Nurses during the pandemic. Disaster Medicine and Public Health Preparedness, 1-26. doi:10.1017/dmp.2021.199
40		Qutishat, M., & - Damery (2021), The Experiences of Compulsive Buying Behaviors in Jordan during the pandemic of COVID-19: a Descriptive Correlational Study, JOURNAL OF CRITICAL REVIEWS, 8(2)" 646-659
41		Mohammad Q. Aisha AS. The Relationship between Academic Adjustment and Emotional Intelligence among Undergraduate Students in Oman. TMR Integr Nurs. 2021, 5(2): 63-69.
42		Qutishat, M. (2021), Aisha AS, Kholoud AD. Focal Point of Nursing Management of PTSD Related to COVID-19 Infection, Quarantine, and Curfew. TMR Integrative Nursing, 5(1): 1-8.
43		Aisha Alshdefat, A, Natarajan, J, Joseph, M, Abu Baker, Qutishat M. (2021). Knowledge, Attitude, and Practice of Nursing Students towards COVID-19 Pandemic in Oman. International Journal of Nursing Education, 13, (1)
44	Q3	Qutishat, M. (2020) . Academic Adjustment, Emotional Intelligence, and Fear of Missing Out among Undergraduate Students: A Descriptive Correlational Study. Oman medical journal, 35 (5) DOI 10.5001/omj.2020.116
45	Q4	Qutishat, M. (2020) . Gender differences in Fear of Missing out experiences among undergraduate students in Oman. New Emirates Medical Journal. 2(1)
46	Q2	Qutishat, M. , Lazarus, E. R., Razmy, M., & Packianathan, S. (2020). University Students' Nomophobia Prevalence, Sociodemographic Factors, and Relationship with Academic Performance at a University in Oman. International Journal of Africa Nursing Sciences, 100206.
47		Qutishat, M. (2020) . Gender differences in nomophobia experiences among undergraduate students in Oman. International Medical Journal, 25, (05)

Curriculum Vitae/ Mohammed Qutishat

48		Qutishat M, Valsaraj BP (2019) Emotional Intelligence and Addictive Smartphone Uses among Nursing Students in Oman. J Comput Eng Inf Technol 8:1.
50		Qutishat, M. (2019). Underreporting Bullying Experiences among Nursing Students in Clinical Training Sitings: A Descriptive Study. The Arab Journal of Psychiatry 31(2) 182-190
51		Divya K. Y., Valsaraj, B, Qutishat, M & Al-Abri, K. (2019). Planning and Implementing Objective Structured Clinical Examination (OSCE) as a Clinical Examination Method in Mental Health Nursing: Perceptions of Undergraduate Nursing Students in Oman; A Pilot Study. International Journal of Nursing Education, 11 (4): 187-191
52	Q3	Qutishat, M., & Sharour, L. A. (2019). Relationship Between Fear of Missing Out and Academic Performance Among Omani University Students: A Descriptive Correlation Study. Oman medical journal, 34(5), 404.
		Qutishat, M., & Saraswathi, K. (2019). Bullying and Harassment Perceived by undergraduate nursing students in clinical settings and its Implication to Academic Strategies and Interventions. IJRDO - Journal of Health Sciences and Nursing, 4(9), 46-62.
		Qutishat, M, Leocadio, Cayaban (2018). The extent of Test Anxiety among Nursing Students in Oman, and its impact on academic performance, IJRDO-Journal of Health Sciences and Nursing, 3(3): 11-25

Book publication					
Name	Authors	Number	ISBN	publisher	Edition
أساسيات الإسعاف الولي وطرق الوقاية من الإصابات	Mohammed qutishat Omar al- Rawajfeh	2021/ 2690	978-99969-3-716-3	Sultan Qaboos university	1

Reviewer	
Journal of nursing management	2021 – till date
BMC Psychology	2023 till date
BMC education	2024 till date
Nursing forum	2024 till date

PROFESSIONAL DEVELOPMENT

Curriculum Vitae/ Mohammed Qutishat

Title	Type/Institution	Date
Your Role in Maintaining the QS Ranking	College of Nursing, Sultan Qaboos University, Muscat/ Oman	December 10 , 2024,
ADVISING WORKSHOP - ONLINE o	Deanship of Admissions and Registration Sultan Qaboos University	10-12-2024
Ejada workshop	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	21-05-2024
2 nd college of nursing retreat	Kempinski hotel, muscat Oman	16-04-2024
Digital badges- using digital signs to motivates and enhance learner motivation	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	7-11-2023
Advising tips and tricks	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	24/5/2023
Simulation in nursing education: best practice, under the office of assistant dean for training and community service	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	22-23/5/2023
Virtual Exchange: Facilitating Intercultural Exchange of Ideas	Workshop organized by Continuing Education and Orientation committee/ College of Nursing, Sultan Qaboos University	09/05/2023
“Objective Structured Clinical Examination ” organized by Continuing Education and Orientation Committee, College of Nursing, Sultan Qaboos University Accredited for 9 CPD points in category 1 by Oman medical specialty board Reg. No OMSB/CPD/C1/3647/2022	Workshop College of Nursing, Sultan Qaboos University, Muscat, Oman	15-12-2022
Best practice in simulation workshop	Workshop College of Nursing, Sultan Qaboos University, Muscat, Oman	8-11-2022
Plastic use dangers مخاطر استخدام البلاستيك	الجمعية العامة لحماية المستهلك. مسقط/ عمان	11-10-2022
First aid and CPR workshop	Workshop Nursing group, College of Nursing, Sultan Qaboos University, Muscat, Oman	27-9-2022
the First International webinar "Best Practices in Teaching and assessing nursing students during the COVID-19 Pandemic"	workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	March 2022

Curriculum Vitae/ Mohammed Qutishat

Action Research Awareness Workshop, Forming a Community of Practice	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	March 2022
Action Research Awareness Workshop, Pursuing Reflective Practice	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	February 2022
EPSLO mapping and assessment workshop	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	25 th January
“BASICS OF SPSS FOR HEALTHCARE PROFESSIONALS” WORKSHOP Given this 7th day of December 2021, in the city of Muscat, Sultanate of Oman Accredited with 4.5 CPD points under OMSB/CPD/C1/3117/2021	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	December 2021
Power Advisors Create Best Advisee organized by the Advising Committee, College of Nursing, Sultan Qaboos University held on 23rd November 2021	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	December 2021
Students engagement in remote teaching: what works and why? 2.5 CPD points under OMSB/ CPD/C1/12801/2020	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	December 2020
trends in nursing research: an update, college of nursing	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
ISO 45001: 2018 principles and application. center for human resources development and risk management office	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
workshop on Endnote	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
faculty development institute for global nursing educators, the Office of Global and community health affairs, Duke University, Durham, North Carolina, USA	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
Advanced Statistical Analysis	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
academic misconduct	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
ethics in research	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
Long-life learning requirement, independent learning center	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
integrating nursing education & practice, a tool to enhance the quality of nursing	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019

Curriculum Vitae/ Mohammed Qutishat

publishing research in an English language journal, presented by a journal in nursing & health	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	2019
Qualitative research approach, phase 2, Oman nursing institute Muscat/ Oman, 3 CPD points	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	May 2018
Integrating Technology into Nursing Education 2 CPD points.	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	April 2018
cultivating happiness: The Most Sought Virtue	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	March 2018
Translating Theory into Practice through Evidence-Based Practice, second international Nursing pre-conference workshop, College of Nursing,	Sultan Qaboos University, Muscat/ Oman	February 2018
the 5 th international workshop on " Food and brain health."	Sultan Qaboos University, Muscat/ Oman	November 2017
Mental Health in the Workplace, a Shared Encounter, in Simultaneity with world mental health day	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	October 2017
standard-setting workshop	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	October 2017
the highlight of undergraduate academic assessment policy	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	September 2017
health and safety information and policies	Workshop College of Nursing, Sultan Qaboos University, Muscat/ Oman	September 2017
"critical thinking skills for the 21 st Century" Center for Excellence in Training and Learning,		May 2017
standard- first-aid, injury prevention, and universal precautions,	National CPR Foundation, online course, ID#: D89A1B3D	May 2017
standard- CPR/ AED (Adult/ Child/ Infant)	National CPR Foundation, online course ID#: 9f2244ef	May 2017
how to recognize plagiarism, school of education	, Indiana University Bloomington, Online course.	April 2017
Stress Management Skills, 2 (CME)	Students Counseling Center, Sultan Qaboos University, Muscat Oman	December 2016,
Aggression Management, 3 CPD Hours	Institute of Health and Nursing Australia, Online Course	December 2016,

Curriculum Vitae/ Mohammed Qutishat

Workshop on Intellectual Property Rights and Patent Search, an Inseparable Tool to Research and Innovation Outcome,	Muscat / Oman.	November 2015,
Workshops on E-learning (Two hours and a half CME)	Teaching and Learning Department, Sultan Qaboos University, Muscat, Oman	October 2015,
NIH web-based training course "Protecting Human Research Participants," The National Institute of Health (NIH) Office of Extramural Research.	Online course	September 2015,
Training Course Entitled Training of Trainer (TOT) (64 CME)	the Consultation and Training Center, German Jordanian University, Amman, Jordan,	April 2015 – July 2015,
Infection Prevention & Control, (5 CME)	The Jordanian Expert Team for Training and Consultation in Collaboration with the National Center for Mental Health Hospital, Amman, Jordan	August 2015,
Certificate of Attending Course" Essentials in Psychiatric Mental Health Nurse, Jordan Nurses, and Midwives Council, National Institute of Specialty Nursing Amman, Jordan, (12 CME)	Jordan Nurses and Midwives Council, National Institute of Specialty Nursing Amman, Jordan	June 2015,
Workshop of Communication Skills, Jordan Nurses and Midwives Council, (3 CME)	National Institute of Specialty Nursing Amman, Jordan	March 2015
Certificate of Attending Workshop" Mental Health Stigma; Way of Prevention	the National Center for Mental Health Hospital, Amman/ Jordan	March 2015
Certificate of Attending "Mental Health Course," Jordan Nurses and Midwives Council (36 CME)	National Institute of Specialty Nursing Amman, Jordan.	23\9\2014 – 2\12-2014
Workplace Violence: Recognition and Response to Violence in Healthcare, PESI Healthcare,	Jordan Nursing Council, Amman, Jordan.	2013
Workshop of Knowledge Base of Bioethics and Nursing Ethics, (3 contact hours)	The Jordan Nursing Council, Amman, Jordan	2013
Certificate of Validation Worker (level 1) (for Dementia Population), Validation Training Institute	Jordan Nursing Council/ Jordan	2013

Conferences			
TITLE	Completion Date	Role	Country
"First Psychiatric Emergency Conference" Accredited by OMSB: OMSB/CPD/C1/5261/2025, 4.5 credit point	February 20th, 2025	Attendance	Al Masarra Hospital/ oman
The Prevalence, level, and Characteristics of PTSD among Oncology Nurses in Oman; Implication Practice and Policy Making. 2 nd international conference of clinical nursing research 2024	22-23/ august /2024	Presenter	Helsinki/ Finland

Curriculum Vitae/ Mohammed Qutishat

Bullying Experiences among Nursing Students in Clinical Training Settings: Management and Suggestions, ISQUA's 39th international conference, COEX Seoul	27-30 August 2023	Presenter	Seoul, south Korea
COVID-19-Related Posttraumatic Stress Disorder among Jordanian Nurses during the pandemic, Sigma's 33rd International Nursing Research Congress. July 21 - August 05, 2022	July 2022	Presenter	Scotland, Edinburgh
Oman thoracic, 12 CME hours	October 2019	Attending	Muscat Oman
The Internal Grants Research Forum/ SQU	December 2018	Attending	Muscat Oman
Second International Nursing Conference, Transforming Nursing Future Innovation, Technology, and Collaboration, 8.5 CPD points.	February 2018	Attending	Muscat Oman
first International Risk Management Conference	February 2018	Attending	Muscat Oman
Attending 1 st Nursing Conference of Jordan University Hospital" Recent Advances in Nursing Care."	October 28, 2014	Attending	Amman Jordan
Attending, Al- Balqa Second Nursing Conference and pre-Conference Workshop: Nursing. Ambition and Challenges, toward Distinctive Practice, (20 Contact Hours)	2014	Attending	Al-Balqa Jordan
of Attending, the 4 th International Nursing Conference, "The Tipping Point: Creative Solutions to Health and Nursing Challenge" (3,30 hours contact hours)	2013	Attending	Amman Jordan
Attending, the Second International Congress of the Jordanian Association of Psychiatrists, (18 Contact Hours)	2012	Attending	Amman Jordan

Appreciation		
TITLE	Completion Date	Institution
Appreciation of active involvement as an organizer of the webinar on " professional resilience and publishing journal article accredited with 2 CPD points under OMSB/CPD/C1/3090/2021	November 2021`	College of Nursing, Sultan Qaboos University, Muscat, Oman
Appreciation of remarkable contribution to a clinical committee	October 2021	
Appreciation of active involvement in the risk management committee during the cyclone Shaheen	August 2021	College of Nursing, Sultan Qaboos University, Muscat, Oman
Appreciation of active involvement as an organizer during the 6 th -day instructor first aid training course	June 2021	College of Nursing, Sultan Qaboos University, Muscat, Oman
appreciation of preparing, organizing, and implementing the Pink October activity	October 2019	Sultan Qaboos university
Appreciation of active participation in developing the College of Nursing online walkathon fitness race	November 2019	College of Nursing, Sultan Qaboos University, Muscat, Oman

Curriculum Vitae/ Mohammed Qutishat

Appreciation of active participation in developing the College of Nursing online induction program	November 2019	College of Nursing, Sultan Qaboos University, Muscat, Oman
Appreciation of efforts in organizing the workshop titled managing qualitative data	November 2019	College of Nursing, Sultan Qaboos University, Muscat, Oman
certificate of appreciation for the outstanding contribution toward the success of the community activity campaign held in al Batinah South, sultanate of Oman,	May 2, 2019	College of Nursing, Sultan Qaboos University, Muscat, Oman
appreciation of contribution toward the nursery first aid workshop,	September 2019	College of Nursing, Sultan Qaboos University, Muscat, Oman
appreciation of contribution toward the Halban community,	April 2019	College of Nursing, Sultan Qaboos University, Muscat, Oman
appreciation for active participation in the celebration of world mental health day	December (2018),	Hail al Awamer school. Muscat, Oman
Recognition of active involvement in the 10 th nursing week "Atmah."	April 2018	College of Nursing, Sultan Qaboos University, Muscat, Oman
Appreciation of the workshop for increasing the awareness of mental health.	December (2017)	Hail al Awamer school. Muscat, Oman
Appreciation for supervising the 5 th “ Nabbed al Hayat” magazine,	2017	College of Nursing, Sultan Qaboos University, Muscat, Oman
Appreciation for effortless contribution as a chairperson in the Event, Social, and Public Relations Committee during the academic year 2015-2016	2016	College of Nursing, Sultan Qaboos University, Muscat, Oman
2016, appreciation for effortless contribution as a member of the Staff Development Committee	2106	College of Nursing, Sultan Qaboos University, Muscat, Oman
Recognition of active involvement and commitment,	2015	College of Nursing, Sultan Qaboos University, Muscat, Oman
Dr. Majed Mryan Award for Outstanding Students,	2008	Hashemite University, Al-Zaqa/ Jordan

COMMUNITY SERVICES		
Activity	Completion Date	Institution
World mental health day	12-10-2024	Exhibition center Oman
Empower your study journey: stress relief and success strategies for nursing students workshop	04-03-2024	College of Nursing, Sultan Qaboos University, Muscat, Oman
Basic first aid and CPR training, in the collaboration with SQU risk management office	14/3/2023	Nursing group, College of Nursing, Sultan Qaboos University, Muscat, Oman
Basic first aid and CPR training,	14/2/2023	Nursing group, College of Nursing, Sultan Qaboos University, Muscat, Oman

Curriculum Vitae/ Mohammed Qutishat

First aid workshop " basic first aid and CPR training	1-11-2022	Nursing group, College of Nursing, Sultan Qaboos University, Muscat, Oman
First aid and CPR workshop	13/March/ 2022	Nursing group, College of Nursing, Sultan Qaboos University, Muscat, Oman
presenting a workshop on cyberspace and mental health in modern society,	February 2020	bashaier al-khir school. wadi Bani Khalid/ Oman
first aid workshop for children's injuries,	October 2019	center for community services & continuing education, Sultan Qaboos University, Muscat, Oman
nursery first aid workshop, College College of Nursing, Sultan Qaboos University, Muscat, Oma	September 2019	College of Nursing, Sultan Qaboos University, Muscat, Oman
organizing and participating in the celebration of world happiness day,	/ March (2019)	al-Aman central al khoud Muscat
Presentation “how to do a perfect presentation” nursing group.	October (2018)	College of Nursing, Sultan Qaboos University, Muscat, Oman
Adopting Nakhal Community Sultan Qaboos University, Muscat, Oman. (in progress)	May (2018)	Muscat, Oman
cultivating happiness: The Most Sought Virtue, community mental health department	March 2018	College of Nursing, Sultan Qaboos University, Muscat/ Oman
Workshop on increasing awareness of mental health.	December (2017)	Hail al Awamer school. Muscat, Oman.
Preparing and Presenting the Workshop "first aid." The risk management committee, Sultan Qaboos University, Muscat, Oman.	October (2017)	College of Nursing, Sultan Qaboos University, Muscat, Oman
Preparing and Organizing Workshop “Mental Health in the Workplace, a Shared Encounter” Simultaneity with Celebration of World Health Day” mental.	October (2017)	College of Nursing, Sultan Qaboos University, Muscat, Oman
presenting a Lecture about the Dignity of mentally ill patients," World Mental Health Day."	October (2015)	Akouhd School, Muscat, Oman
Presenting a poster on protecting mental health and dignity	October (2015)	Sultan Qaboos University Hospital, Muscat, Oman
Preparing and presenting a workshop titled "How to manage test anxiety, in celebration of World Mental Health Day.	October (2018)	Hail al Awamer school. Muscat, Oman
preparing and Presenting Workshop "First aid	October (2018)	” Hail al Awamer school. Muscat, Oman.
first aid workshop	October, 10th, 2018	College of Nursing,/ Sultan Qaboos University, Muscat. Oman
Coordinator and Master Trainer of Mental Health Professional Diploma	2015	The Jordanian Expert Team Amman/ Jordan

Curriculum Vitae/ Mohammed Qutishat

Certificate of Presenting Lectures "Mental Health Aspect and View" (12 CME)	September 2014- March 2015	Jordan Nurses and Midwives Council, National Institute of Specialty Nursing Amman, Jordan.
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